



Greswell Primary School and Nursery

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Headteacher: Mr J Cooper, **Deputy Head:** Mrs L Goodison, **Assistant Head:** Mrs D Whiteley

Dear Parents and Carers,

This half term, as part of the Jigsaw PSHE programme, Year 4 will be studying the **Changing Me** unit. This unit helps children to understand and manage change, celebrate their individuality and prepare for the transition to Year 5.

The unit covers the following topics:

- Unique Me
- Circles of Change
- Accepting Change
- Girls and Puberty
- Having a Baby
- Looking Ahead to Year 5

The lesson '**Having a Baby**' is classed as Sex Education because it introduces children to the basic facts of human reproduction. Parents and carers have the legal right to withdraw their child from this specific lesson if they wish.

We would like to reassure parents that all content is carefully planned to be age-appropriate and suitable for Year 4 pupils. The lesson focuses on the development of a baby and the fact that a baby grows from an egg and a sperm. Children are not taught about sexual intercourse or given detailed information about sex. Lessons are delivered sensitively and in a way that is appropriate to pupils' age and stage of development.

We believe there is considerable benefit in children learning this information in the safe and supportive environment of the classroom, where they can receive accurate, factual information and ask questions to support their understanding.

If you would like to discuss the content of the Changing Me unit, or if you are considering withdrawing your child from the 'Having a Baby' lesson, please do not hesitate to contact the class teacher or Mrs Jackson (PSHE Lead).

Thank you for your continued support.

Year 4

